



SECTION TWO

Test Diets and Diets of Limited Duration

Diet manual

Light Breakfast/Light Lunch

General Description

The meal is intended to provide a small volume, easily digestible feeding. The meal consists of foods/fluids of minimal fat content and small volume in order to facilitate gastric emptying and thus the digestive/absorptive process.

Indications for Use

The meal is intended for use before procedures/tests. The purpose of the meal is to minimize interference of the post-prandial state with testing procedures and/or results.

Guidelines

Suggested Meal Plan

Light Breakfast

Cranberry Juice

1 Slice Dry Toast

Jelly

Coffee or Tea

Sugar

Light Lunch

Cranberry Juice

Roast Turkey Sandwich on
Plain White Bread

Gelatin or Fruit Ice

Coffee or Tea

Sugar